

To all my Dharma Friends,

I haven't been to Bhutan for nearly 5 years now. I am happy to be able to return and see again my brothers and sisters who are beginning to age. I am very grateful to them because they have always given me great support, especially when I was a young monk.

I will fly on October 10 and will be away from France for about a month and a half.

After landing in Delhi, I will take a domestic flight to Goati, which is located in Assam in India, not far from the Bhutanese border. From Goati, my nephew Jigme Trinle will drive me up to Chungkar, the family monastery, where all my relatives will be gathered. It will take a 4-hour journey from Goati to Chungkar driving through Samdrup Jongkhar.

Throughout my stay in Bhutan, I will remain at Chungkar to conduct the annual ritual practices in connection with the protectors. It is not yet the inauguration of our monastery which will take place next year.

After my stay in Bhutan, I will go to Druk Sangag Tcheuling monastery in Darjeeling where I will reside for a few days. I will meet again many monks and lamas whom I have known for several decades. Some of them are now very old and it will be a great joy for me to see them again. I will then go back to Delhi for my return flight on November 20.

A few weeks later, after my return among you, we will have the great fortune to welcome His Eminence Kyabje Thuksey Rinpoche who will give precious teachings at several Drukpa Centres in Europe, and to begin with at Drukpa Plouray for the Western New Year.

During these few weeks of my absence from France, I request you to devote yourselves to listening, reflecting and meditating. In other words, I greatly advise you to make the most of your time by studying and practicing the precious Dharma.

In order to obtain good results from our practice it is very important to dwell in a peaceful environment. Such peace will arise if you cultivate harmonious relationships between yourselves.

To enhance this harmony, it is absolutely indispensable to cultivate patience and to respect one another. This is an extremely important point.

We need to live in a pacified and harmonious environment in order to practice the precious Dharma by cultivating and developing compassion and loving kindness for our near ones and for all beings and realise the Buddha's wisdom in the process.

It is thanks to this compassion and wisdom that we will rid ourselves of jealousy and rejoice in the happiness and success of others.

From the depth of my heart, I express my best wishes to you all.

**Drubpön Ngawang Tenzin Pagsam Yongdu
Representative of His Holiness Gyalwang
Drukpa in Europe**